

# The Noticed-vs.-Caused Log

For thirty days, whenever money arrives or an opportunity appears, write it down. Be fair to both sides. The log wants the data either way, and it protects you from remembering every hit and forgetting every miss.

| DATE | WHAT HAPPENED (AMOUNT, SOURCE) | WHAT I DID BEFOREHAND THAT MIGHT BE CONNECTED | COULD IT HAVE HAPPENED ANYWAY? |
|------|--------------------------------|-----------------------------------------------|--------------------------------|
|      |                                |                                               | Yes / Probably / No            |
|      |                                |                                               | Yes / Probably / No            |
|      |                                |                                               | Yes / Probably / No            |
|      |                                |                                               | Yes / Probably / No            |
|      |                                |                                               | Yes / Probably / No            |
|      |                                |                                               | Yes / Probably / No            |
|      |                                |                                               | Yes / Probably / No            |
|      |                                |                                               | Yes / Probably / No            |
|      |                                |                                               | Yes / Probably / No            |
|      |                                |                                               | Yes / Probably / No            |
|      |                                |                                               | Yes / Probably / No            |

## AFTER THIRTY DAYS

*Did I notice more, or did more actually arrive? What did I do differently during these thirty days?*

---



---